Ava Goumas

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WORK EXPERIENCE

Marti's Dance Studio, Los Altos- Dance Instructor & Teacher's Assistant

AUGUST 2019 - PRESENT

- Teach groups of toddlers dance styles, with particular focus on ballet, tap, and jazz.
- Plan and oversee three classes of students for performances throughout the year.

Regular Babysitter/Tutor- Caretaker for Families & Children

APRIL 2020 - PRESENT

EDUCATION

Saint Francis High School, Mountain View, CA

Expected Graduation May 2022

 Involvements include Varsity Cheer (2018-present) 2021-2022 Captain, Women of BRIC, Medical Club, Shadow Host, TEDxSaintFrancis (speaker in 2020, board member in 2021), Saint Francis Family Club (June 2019-present)

Yale University, Undergraduate Studies- no degree

Summer 2021 Semester

- Accepted to take Yale undergraduate courses alongside current students
- For-credit coursework in medical ethics and health policy

Columbia University, New York City- no degree

Fall 2020 Semester

- Accepted to selective high school program with Columbia professors
- Coursework in Neuroscience and microbiology

Brown University, Providence, RI-no degree

Summer 2019

- Accepted to highly selective summer program
- Coursework in Neuroscience, Medical Ethics, and Patient Care

ACADEMIC HONORS

National Honors Society

Fall 2020 Semester-present

Foreign Language National Honors Society (French)

Fall 2020 Semester-present

Honor Roll

Made each semester, beginning Fall 2018

Family Club Board Member Mentor to Freshmen Students

Fall 2020-present

Applied and accepted based on teacher recommendation and thorough application; duties include frequent check-ins with the freshmen in my advisory, monthly virtual meetings, and monthly club meetings to promote student involvement and activities. Selected to create content on wellness for advisory meetings.

California Scholarship Federation

Spring 2021-present

Tutor peers in various subjects, including biology, chemistry, physics, algebra, trigonometry, and pre-calculus. Accepted based on leadership skills and academic achievement.

Fall 2021

Teacher's Assistant for AP French coursework. Help with curriculum development and in-class instruction.

ELC Candidate

Deemed strong UC candidate based on probable National Merit Scholar Recognition and 9% class ranking

EXTRACURRICULARS & VOLUNTEER WORK

Dance Team Captain

AUGUST 2020 - PRESENT

- 14+ hours dancing weekly; competed styles and routines include ballet, jazz, contemporary, modern, and lyrical group, duet/trio, and solo performances
- Serve as liaison between other members and instructor and organize team bonding

National Charity League

JANUARY 2016 - PRESENT

- Positions include senior-class president, vice president, and treasurer
- Completed over 300 verified volunteer hours (150+ this past year)
- Qualified twice for Presidential Service Award

Magical Bridge Kindness Ambassador and Diversity Equity Inclusion Board Member

AUGUST 2019 - PRESENT

- Selected to pioneer DEI board because of my dedication to the foundation
- Researched Active Learning model; worked with a team of teens to begin implementing in schools for the benefit of developmentally disabled students

TEDxSaintFrancis

SEPTEMBER 2020- PRESENT

- 2020-21 speaker; delivered a 10-minute talk on neuroscience of dance
- 2021-22 chief of staff; advise all 12 speakers on talk content and delivery from drafting to event day phases and oversee all board members

Neuroscience for Smiles

May 2021- PRESENT

- Self-initiated project to make neuroscience data and research accessible to elementary-aged children
- Work with elementary schools to establish new STEM curriculum, particularly geared towards girls.